



99th International Instructor Course

Trondheim Norway
March 6th - 8th 2015



**Master
Laquerre**

**Master
Nardizzi**

GM Lan

GM Marano

Invitation

International Instructor Course

Trondheim, Norway

March 6th – 8th 2015

Dear Grand Masters, Masters, Instructors and students of Taekwon-Do

We are pleased to invite you all to the 99th IIC in Trondheim, Norway.

The IIC will be conducted by:

Grand Master Hector Marano, Chairman of the Technical Committee

Grand Master Ung Kim Lan, Member of the Technical Committee

Master Pierre Laquerre, Member of the Technical Committee

Master Donato Nardizzi, Chairman of the Children's Development Committee

Venue:

Rosenborghallen, Stadsingeniør Dahls gate 1, 7015 Trondheim

Map: <http://tinyurl.com/onn3vp9>



Schedule

Friday 6th of March

1200 – 1330	Registration and payment Rosenborghallen
1330 – 1400	All participants assemble in venue
1400 – 1800	IIC Part I

Saturday 7th of March

0830 – 0900	All participants assemble in venue
0900 – 1300	IIC Part II
1300 – 1400	Lunch
1400 – 1800	Kids Program
2000 – 2300	Banquet

Sunday 8th of March

0830 – 0900	All participants assemble in venue
0900 – 1300	IIC Part III

Registration

Registration will be conducted upon your arrival at the training hall (Rosenborghallen).

Spectators

No spectators are allowed during the IIC. Filming and/or photographs can be taken only if the IIC Committee approve.

Certificate

The IIC certificate of participation will be issued to those who completed the full course.

Test for degree Promotions (4th degree and up only)

Participants wishing to test for degree promotion must:

1. Send the application form through the National/Allied Association at least one (1) month before the promotion date to the ITF Administrative HQ.
2. Bring 5 wooden boards measured 30x30x2 cm (only from 4st to 6th degree).
3. Pay their grading fee in cash prior to the grading.
4. Test for degree promotion will be at the last day of the course and the result shall given directly after the promotion.
5. No spectators are allowed during the degree promotion.
6. The candidate might be accompanied by his instructor.

Travel information

Arrival Airport is Trondheim Airport Værnes. <http://www.avinor.no/lufthavn/trondheim>
The distance from the airport to Trondheim is about 30 kilometers and you can go by bus or taxi.

Accommodation

We have pre-booked rooms at the following two hotels from Friday 6th to Sunday 8th of March.

1. Thon Hotel Trondheim

Address: Kongens gate 15, 7013 Trondheim

<http://www.thonhotels.no/hoteller/land/norge/trondheim/thon-hotel-trondheim/>

Prices:

Single room: NOK 515,- per night inclusive breakfast

Double room: NOK 716,- per night inclusive breakfast

Individual booking directly to the hotel either by phone: +47 73 88 47 88 or by mail:
Trondheim@thonhotels.no Booking id: 12746723

NOTE: You have until **13th of February 2015** to book and receive these special prices.
There are only pre-booked 5 single rooms and 20 double rooms at this hotel
You have to check out of the hotel Sunday morning before the seminar.

2. Thon Hotel Prinsen

Address: Kongens gate 30, 7012 Trondheim

<http://www.thonhotels.no/hoteller/land/norge/trondheim/thon-hotel-prinsen/>

Prices:

Single room: NOK 750,- per night inclusive breakfast

Double room: NOK 950,- per night inclusive breakfast

Individual booking directly to the hotel either by phone: +47 73 80 70 00 or by mail: prinsen@thonhotels.no Booking id: National Taekwon-Do Norway

NOTE: You have until **13th of February 2015** to book and receive these special prices. There are only pre-booked 5 single rooms and 20 double rooms at this hotel. You have to check out of the hotel Sunday morning before the seminar.

Meals

There is only breakfast including in the accommodation. You can buy sandwiches, coffee and soft drinks at the seminar hall.

Banquet

There will be a banquet at Thon Hotel Prinsen Saturday night at 20.00. There will be served a buffet with both hot and cold dishes of meat, fish, salads etc. The banquet price is € 45 and must be paid at the registration.



Transportation

The venue for the training, Rosenborghallen, is about 25 minutes walk from the hotels. We have made bus arrangement for all participants staying at the Thon Hotel Prinsen and Thon Hotel Trondheim

Schedule for the bus

Day	From	To	Departure
Friday March 6th	Thon Hotel Prinsen	Rosenborghallen	11.30
Friday March 6th	Rosenborghallen	Thon Hotel Prinsen	18.30
Saturday March 7th	Thon Hotel Prinsen	Rosenborghallen	08.00
Saturday March 7th	Rosenborghallen	Thon Hotel Prinsen	18.30
Sunday March 8th	Thon Hotel Prinsen	Rosenborghallen	08.00
Sunday March 8th	Rosenborghallen	Central Station	13.30

Price for transportation from the hotel to the training hall: € 25 is to be paid at the registration.

On Sunday you can go by bus (every 15 min) or taxi to the airport from the central station

Note: You must check out from the hotel Sunday morning (before the last part of the IIC).

Fees and payments

Registration fee: € 50 each participant

Participation fee:	According to belt degree	
	1 st – 3 rd degree	€ 120
	4 th – 6 th degree	€ 150
	7 th degree and above	€ 75

The complete fees (registration fee, course fee, transportation and banquet) shall be paid in cash at the registration.

The hotel fee should be paid directly to the hotel at your arrival.

Deadline

Please send the application form by the **1st of February 2015** to gunnar@ntkd.no

Contact

If you have any questions please contact Mr. Gunnar Rugsveen
Mail: gunnar@ntkd.no

We wish you all welcome to Trondheim, Norway.

Best regards

Master Per Andresen
NTN President